

Course Summary:	This course will focus on enhancing effective communication with youth in institutionalized environments. Through lecture, group discussion and experiential exercises participants will learn about effective communication and explore the effects of institutional environments on individuals. Participants will develop knowledge of effective communication strategies including validation and assertiveness training.
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Performance Objectives:
A) Identify the factors that contribute to youth being institutionalized and the effect that has on their ability to communicate effectively B) Recognize barriers to communication C) Identify more effective communication strategies D) Develop knowledge of validation and assertive communication

Course Outline				
Day	Time Begin (24 Hour)	Time End (24 Hour)	Subject or Topic	Instructional Methodology
1	0800	1000	Introduction and objectives. Exploring effective communication and barriers to effective communication	Lecture Group Discussion Trainee Practice Role Play
1	1000	1200	Identifying factors that contribute to youth being institutionalized	Lecture Group Discussion Trainee Practice Role Play
1	1200	1300	Lunch	Other
1	1300	1500	Assertiveness skills	Lecture Group Discussion Group Exercise Trainee Practice Role Play
1	1500	1700	validation Summary, feedback and evaluations	Lecture Group Discussion Group Exercise Trainee Practice Role Play Evaluation