

Course Summary:	The focus of this course and the concepts to be covered include characteristics of a coach, learning styles, effective goal setting, coaching activities and techniques, effective listening and feedback. The methodologies include mini-lecture, facilitated dialogue, group skill building activities, individual self-assessment instruments, and debriefing.
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Performance Objectives:
<ol style="list-style-type: none"> 1. Identify the importance of learning styles in leading team efforts 2) Be able to map the coaching style to the learning style 3) Identify the various learning styles and how they impact various group activities 4) Identify how learning styles affect team and individual performance 5) Design and facilitate a meeting that is designed to pass on increased team knowledge and/or develop team skills 6) Explain how to create a learning activity that is targeted to each major learning style

Course Outline				
Day	Time Begin (24 Hour)	Time End (24 Hour)	Subject or Topic	Instructional Methodology
1	0800	1000	Introductions, opening activity and self assessment tools administration & debriefing; review the learning and coaching cycle - factors to consider	Lecture Group Discussion Group Exercise
1	1000	1200	Creating the coaching/learning environment - learning ladder, coaching process, barriers to learning	Lecture Group Discussion Group Exercise
1	1200	1300	lunch	
1	1300	1500	Creating a learning activity targeted to each major learning style - skill building activity	Trainee Practice
1	1500	1700	conduct and debrief the experimental activities - close the session with review of key learning and course evaluations	Group Discussion Group Exercise Trainee Practice Evaluation